

# Press

PRACTICAL RESOURCES FOR EFFECTIVE SHEPHERDING AND SPIRITUAL CARE

*Connecting Care to The Local Church*

OCTOBER 27-28, 2022 ST. STEPHENS BAPTIST CHURCH, TEMPLE HILLS, MD

## Master Class

Friday, October 28 2:45 PM

**Facilitator: Dr. Joanne Frederick**

Coping with life's struggles? Bibliopsychoeducation is a process of using faith concepts combined with psychology and counseling to educate others as a coping technique.

This Masterclass will use the book *Copeology* to offer discussions about topics such as coping with grief and loss, the Black males experience in America, disabilities, Covid-19, infidelity, anxiety, trauma, and single parenting in our world today. Participants will learn how to use their spirituality along with counseling skills to cope with stress.

Copeology will develop for clergy and layleaders the tools to navigate the complexities of building and managing a wellness ministry. Through active exploration and redefining ways to stay resilient, communicate and collaborate, you will learn the secrets of coping with any new reality.

**REGISTER TODAY! [WWW.DCBAPTIST.ORG](http://WWW.DCBAPTIST.ORG)**

Master Class