

# What to Bring

**On mission to be the hands and feet of Jesus to those affected by disaster.  
'Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.' Matthew 25: 40**

Bible, Journal and writing instrument

Cash for meals when traveling or meals not provided. There will be a nice celebration meal mid-week when we go to a restaurant. **(This meal will be covered)**

Snacks for the trip, or evenings

Medications and medical devices needed

- Prescription and nonprescription meds
- C-Pap machine etc.

First aid supplies for personal needs

Sunglasses

Sunscreen and insect repellent

Personal toiletry items

Towels and wash cloths

Air mattress or cot, Bed linens or sleeping bag

Shower shoes

Work clothes your choice: pants or long shorts

Work gloves (TCH will have some to offer but not all sizes)

Cap or hat if desired

Comfortable work shoes (possibly a 2<sup>nd</sup> pair)

Lounging shoes

Appropriate Sleep wear and/or lounge wear

Pancho if desired

Small flashlight and extra batteries

Phone and charger

**Remember this will be a construction job and you will get dirty, and clothes you wear are subject to becoming torn.**

**Dust masks and safety glasses will be provided at times you may like to have them due to work conditions.**

**NOTE: PUT YOUR NAME ON EVERYTHING!**